



Disney Destinations, LLC

**Clearhope CEU Play Well Play Therapy Conference 2021
G0800482
(Feb 18, 2021 to Feb 20, 2021)**

MAKING RESERVATIONS

A dedicated website is now available for you to book your hotel rooms online.
Reservations can be made starting today at this web address:

Booking Website:

<https://book.passkey.com/go/Clearhope21>

Please note that it is important for you to update any names and ages of Guests under the age of 18 as part of your party in your “My Disney Experience account”.

Disney World’s Coronado Resort

<https://disneyworld.disney.go.com/resorts/coronado-springs-resort/>

Resort Address

1000 West Buena Vista Drive
Lake Buena Vista, Florida 32830-8403
(407) 939-1000

Deadline to reserve a hotel room is January 19, 2021.

Discounted Convention Theme Park Tickets are available

<https://mydisneygroup.com/clearhopeceuplaywellconference2021>

*click on **partial day options***

CONFERENCE FEE:

\$100 non-refundable deposit to book
\$300 total with remaining \$200 due by **Jan 4, 2021**

Bookable and Payable at:

<https://www.heatherlambert.org/disney-2021>

You were sent an invoice with the link to pay.

For more information:

Cassie at 281-769-2238 ext. 535 or heather@clearhopewellness.com

ITINERARY:

Thursday, February 18th

Check In

Friday, February 19th

Training 8:00AM – 2:00PM

Practical Play Therapy for the Real World!

Presenter: Kathleen (KatySue) Tillman, PhD, RPT

LUNCH (1-hour)

Filial play therapy

Presenter: Paola Fusilier, MA, LPC, RPT

Saturday, February 20th

Training 8:00AM – 2:00PM (1-hour lunch)

Building Resilience through Sensory Regulation with Play Therapy

Presenter: Robyn D Rausch, LPC (TX), LPCC (NM), RPT, MA

Sunday, February 21st

Check Out

Training 8:00AM – 2:00PM

Sandtray Therapy for All

Presenter: Paola Fusilier, MA, LPC, RPT

LUNCH (1-hour)

Providing Crisis Counseling to Youth in Distress Using Play Therapy Interventions

Presenter: Kathleen (KatySue) Tillman, PhD, RPT

Continuing Education and RPT (CEUS)

Up to 15 CEU hours provided for TX LPC, LCSW, and LMFT and states with CEU reciprocity

Up to 15 RPT CE hours available

APT Approved Provider 18-564



This Magical Event is sponsored by:

Clearhope Counseling Center, 501(C)(3)



WORKSHOP DESCRIPTIONS

Title: **Practical Play Therapy for the Real World!**

Presenter: Kathleen (KatySue) Tillman, PhD, RPT
Licensed Psychologist
Registered Play Therapist

Time: 2.5 Hours

Workshop Description:

There is so much to know about play therapy. History, theory, research, case studies, play therapy via telebehavioral health... the list goes on and on. So, in less than 3 hours what is most important to cover? What does play therapy look like in the real world – in a world where play therapist may be meeting with clients online, in “outside offices”, in their offices with minimal supplies due to concerns of cross-contamination in the midst of a pandemic? Inquiring minds want to understand play therapy, tele-play therapy, and why play therapy works. They also want to know the basic play therapy skills for in-person and telebehavioral sessions and how to strengthen their work with kids. This workshop is an introduction to play therapy (both in-person and online) that will focus on foundational skills for those new to play therapy. Those who are looking to enhance their play therapy skills, will benefit from returning to the basics to conceptualize complex scenarios that sometimes arise in play therapy. This workshop will not attempt to cram the entire history of play therapy into one short workshop but will dive into learning about the importance of play in children’s lives and the therapeutic powers of play therapy. You will learn the skills that everyone who uses play in therapy needs and you will get join in the play as we learn practical play therapy interventions that can be added to your Play Bag of Tools!

Learning Objectives:

Upon completion of the workshop, participants will be able to:

1. Describe play and the importance of play in the lives of children.
2. Define play therapy and describe to parents why play is the therapeutic modality of choice when working with children.
3. Identify 3 Therapeutic Powers of Play.
4. Define 5 foundational skills of Child Centered Play Therapy
5. Describe 2 play therapy interventions that can be used with children.

Title: **Filial Play Therapy**

Presenter: Paola Fusilier, MA, LPC, RPT
Licensed Professional Counselor
Registered Play Therapist

Time: 2.5 Hours

Workshop Description:

Filial play therapy is a Basic training on utilizing child-centered play therapy with parent and child. Filial therapy can strengthen the parent-child relationship and attachment, create a trusting environment that is conducive to healing and reduce behavioral issues and parental stress.

Learning Objectives:

1. Therapists will be able to define Filial play therapy and how it relates to Child Centered Play Therapy
2. Therapists will be able to identify differences between Child Parent/Relationship Therapy (CPRT) and Filial play therapy

3. Therapist will be able to explain Filial Play Therapy to parents, understand how it can be introduced to parents and how to assess parent readiness

Title: **Building Resilience through Sensory Regulation with Play Therapy**

Presenter: Robyn D Rausch, LPC (TX), LPCC (NM), RPT, MA

Licensed Professional Counselor

Registered Play Therapist

Time: 5 Hours

Workshop Description:

Teaching families to use play to calm the body, and teaching parents to use co-regulation to help kids. This training will include specific skills for the therapist to teach to parents and use themselves. It would also include the neuroscience research that supports these techniques.

Learning Objectives:

1. Therapists will be able to identify and describe the mechanisms in the brain that are involved in emotional regulation and how they are activated during play therapy.
2. Therapists will be able to identify at least 5 play therapy techniques for increasing sensory regulation.
3. Therapists will be able to create play therapy treatment goals focused on sensory regulation.
4. Therapists will be able to explain to a parent in play therapy using clear and concise language how sensory regulation supports their child's goals and engage the parent in practicing the sensory play skills.
5. Therapists will be able to identify presenting problems and diagnoses where sensory play therapy techniques would be appropriate treatment goals.

Title: **Sandtray Therapy for All**

Presenter: Paola Fusilier, MA, LPC, RPT

Licensed Professional Counselor

Registered Play Therapist

Time: 2.5 Hours

Workshop Description:

A basic training on utilizing therapeutic power of Sand Tray in Play Therapy. Discussion of the use of sand, miniatures, scene creation, and processing trauma with clients of all ages. Sandtray therapy allows clients of any age to express themselves in a creative manner and process difficult subjects that may not be easily verbalized in traditional therapy.

Learning Objectives:

1. Therapists will be able to describe Sandtray Therapy in relation with Play Therapy
2. Therapists will be able to identify several uses of Sandtray for all age groups
3. Therapists will participate in Sandtray therapy experientially through personal story sharing and processing with fellow therapists

Title: Providing Crisis Counseling to Youth in Distress Using Play Therapy Interventions
Presenter: Kathleen (KatySue) Tillman, PhD, RPT
Licensed Psychologist
Registered Play Therapist
Time: 2.5 Hours

Workshop Description:

Come join us as we learn a 5-step model to crisis counseling using play therapy with youth that is developmentally appropriate, play-based, creative, and includes family-involvement and adapted assessments that can be used in-person and via tele-health. In this workshop you will learn how to:

- creatively connect with children through play
- playfully obtain accurate information
- calmly conduct risk assessments
- engagingly facilitate the development of play-based and creative coping skills and safety plans; and appropriately involve guardians while providing youth and parents with resources and appropriate referrals

This interactive workshop will also provide you with the unique opportunity to view and discuss videos that Dr. Tillman has recorded with children engaging in 3 of the play-based crisis intervention strategies that you will be learning during the workshop!

Come prepared to be creative, play, experiment, and have blast all while learning along the way! It is genuinely surprising how much we can learn together through play... even as adults!

Learning Objectives:

At the end of this workshop, participants will be able to:

1. Define “crisis” and “crisis counseling” (in general terms)
2. Identify 2 possible benefits of using play therapy interventions with youth in crisis
3. Identify 2 benefits of using play-based assessments to assess risk to self
4. Implement (via Roleplays during the workshop) the 5 steps of the ABC Model of Crisis Intervention using play-therapy interventions
5. Describe 3 specific play therapy interventions to help deescalate youth in crisis